Supplementary Appendix

This appendix has been provided by the authors to give readers additional information about their work.

Supplement to: The INSIGHT START Study Group. Initiation of antiretroviral therapy in early asymptomatic HIV infection. N Engl J Med. DOI: 10.1056/NEJMoa1506816

Supplementary Appendix to Manuscript Entitled

"Initiation of Antiretroviral Therapy in Early Asymptomatic HIV Infection"

Version 15th July 2015

Table of Content

Section 1. INSIGHT START Study Group2
Section 2. Contributions to the Design, Conduct and Reporting of the START Study9
Section 3. Recommendations of Antiretroviral Drugs to be Used When Initiating Antiretroviral Treatment in START, As of 26 May 2015 and History
Section 4. Methods Used to Readjust Sample Size and Required Number of Primary Endpoints to Maintain Sufficient Power in 2013, and Other Aspects of the START Design
Section 5. Sensitivity Analyses for the Primary Endpoint
Figure S1. START Study Design and CONSORT Flow Diagram 19
Figure S2. Time to Initiation of ART, Kaplan-Meier Estimates 20
Figure S3. Change in Mean CD4+ Count from Study Entry 21
Figure S4. Follow-up Time, Primary Endpoint Counts and Rates by Latest CD4+ count 22
Table S1. Reasons for Initiating ART in the Deferred ART Group 23
Table S2. Type of Initial ART Used in the Immediate and Deferred Groups
Table S3. Composition of the Primary Endpoint, and the Incidence (Number of Participants) by Type of Event. 25
Table S4. Cause of Death 27
Table S5. Line Listing of All Reported Suspected Unexpected Serious Adverse Reactions (SUSAR)
Supplementary Appendix References

Section 1. INSIGHT START Study Group

We would like to thank the START participants without whom this work would not be possible.

In addition to writing group, the following committee members contributed to the conduct of the START trial: <u>Community Advisory Board</u>: C. Rappoport (INSIGHT community liaison), P.D. Aagaard, S. Collins, G.M. Corbelli, N. Geffen, C. Kittitrakul, T. Maynard, M. Meulbroek, D. Munroe, M.S. Nsubuga, D. Peavey, S. Schwarze, M. Valdez.

<u>Substudy Chairs</u>: J.V. Baker, D. Duprez (arterial elasticity); A. Carr, J. Hoy (bone mineral density); M. Dolan, A. Telenti (genomics); C. Grady (informed consent); G. Matthews, J. Rockstroh (liver fibrosis progression); W.H. Belloso, J.M. Kagan (monitoring); E. Wright, B. Brew, R.W. Price, K. Robertson, L. Cysique (neurology); K.M. Kunisaki, J.E. Connett, D.E. Niewoehner (pulmonary). Endpoint Review Committee: A. Lifson (chair), W.H. Belloso, R.T. Davey Jr., D. Duprez, J.M. Gatell, J. Hoy, C. Pedersen, R.W. Price, R. Prineas, J. Worley.

<u>Central Drug Repository and Drug Distribution</u>: K. Brekke, S. Meger, B. Baugh, J. Eckstrand, C. Gallagher, J. Myers, J. Rooney, J. Van Wyk.

<u>Network Laboratory Group</u>: J. Baxter, C. Carey, A. DuChene, E.B. Finley, M. George, J. Grarup, M. Hoover, R. Pedersen, C. Russell, B. Standridge.

<u>Specimen Repositories</u>: E. Flowers, M. Hoover, K. Smith (Advanced BioMedical Laboratories, LLC, Cinnaminson, NJ, United States); M. McGrath, S. Silver (AIDS and Cancer Specimen Resource, University of California, San Francisco, San Francisco, CA, United States).

Wake Forest ECG Reading Center, Winston-Salem, NC, United States: E.Z. Soliman, M. Barr, C. Campbell, S. Hensley, J. Hu, L. Keasler, Y. Li, T. Taylor, Z.M. Zhang.

Division of AIDS, National Institute of Allergy and Infectious Diseases, Bethesda, MD, United States: B. Alston-Smith, E. DeCarlo, K. Klingman, M. Proschan.

Data and Safety Monitoring Board: S. Bangdiwala (chair), R. Chaisson, A.R. Fleischman, C. Hill, J. Hilton, O.H.M. Leite, V.I. Mathan, B. Pick, C. Seas, P. Suwangool, G. Thimothe, F. Venter, I. Weller, P. Yeni.

Minnesota Coordinating Center, University of Minnesota, Minneapolis, MN, United States: J.D. Neaton, K. Brekke, G. Collins, E.T. Denning, A. DuChene, N.W. Engen, M. George, B. Grund, M. Harrison, K.H. Hullsiek, L.H. Klemme, E. Krum, G. Larson, S. Meger, R. Nelson, J. Neuhaus Nordwall, K. Quan, S.F. Quan, T. Schultz, S. Sharma, G. Thompson.

International Coordinating Centers: Copenhagen HIV Programme, Rigshospitalet, University of Copenhagen, Denmark: J.D. Lundgren, B. Aagaard, A.H.D. Borges, M. Eid, J. Grarup, P. Jansson, Z. Joensen, B. Nielsen, M. Pearson, R. Pedersen, A.N. Phillips; *The Kirby Institute, University of New South Wales, Sydney, Australia*: S.
Emery, N. Berthon-Jones, C. Carey, L. Cassar, M. Clewett, D. Courtney-Rodgers, P. Findlay, S. Hough, S.
Jacoby, J. Levitt, S.L. Pett, R. Robson, V. Shahamat, A. Shambrook; *Medical Research Council Clinical Trials Unit at UCL, London, United Kingdom:* A.G. Babiker, B. Angus, A. Arenas-Pinto, R. Bennett, N. Braimah, E.
Dennis, N. Doyle, M. Gabriel, F. Hudson, B. Jackson, A. Palfreeman, N. Paton, C. Purvis, C. Russell; *Veterans Affairs Medical Center, Washington, DC, United States*: F. Gordin, D. Conwell, H. Elvis, E.B. Finley, V. Kan, L.
Lynch, J. Royal, A. Sánchez, B. Standridge, D. Thomas, M. Turner, M.J. Vjecha.

The following investigators participated in the START study, listed by country (country lead, numbers of participants enrolled) and clinical site:

Argentina (M.H. Losso, n=216): CAICI (Instituto Centralizado de Assistencia e Investigación Clínica Integral), Rosario Santa Fe: S. Lupo, L. Marconi, D. Aguila; FUNCEI, Buenos Aires: G. Lopardo, E. Bissio, D. Fridman; Fundación IDEAA, Buenos Aires: H. Mingrone, E. Loiza, V. Mingrone; Hospital General de Agudos JM Ramos Mejia, Buenos Aires: M. Losso, J.M. Bruguera, P. Burgoa; Hospital Interzonal General de Agudos Dr. Diego Paroissien, Buenos Aires: E. Warley, S. Tavella; Hospital Italiano de Buenos Aires, Buenos Aires: W. Belloso, M. Sanchez; Hospital Nacional Profesor Alejandro Posadas, Buenos Aires: H. Laplumé, L. Daciuk; Hospital Rawson, Cordoba: D. David, A. Crinejo; Argentinean SCC, Fundación IBIS, Buenos Aires: G. Rodriguez-Loria, L. Doldan, A. Moricz, I. Otegui, I. Lanusse.

Australia (J. Hoy, n=109): Burwood Road General Practice, Burwood, VIC: N. Doong, S. Hewitt; Centre Clinic, St Kilda, VIC: B.K. Tee; East Sydney Doctors, Darlinghurst, NSW: D. Baker, E. Odgers; Holdsworth House Medical Practice, Darlinghurst, NSW: S. Agrawal, M. Bloch; Melbourne Sexual Health Centre, Carlton, VIC: T.R.H. Read, S.J. Kent; Prahran Market Clinic, Prahran, VIC: H. Lau, N. Roth; Royal Adelaide Hospital, Adelaide, SA: L. Daly, D. Shaw; Royal Perth Hospital, Perth, WA: M. French, J. Robinson; Sexual Health & HIV Service - Clinic 2, Brisbane, QLD: M. Kelly, D. Rowling; St Vincent's Hospital, Fitzroy, VIC: D.A. Cooper, A. J. Kelleher; Taylor Square Private Clinic, Surry Hills, NSW: C. Pell, S. Dinning; The Alfred Hospital, Melbourne, VIC: J. Hoy, J. Costa; Westmead Hospital, Westmead, NSW: D.E. Dwyer, P. King.

<u>Austria (A. Rieger, n=7):</u> Otto-Wagner-Spital SMZ /Baumgartner Hoehe, Vienna: N. Vetter; B. Schmied; University Vienna General Hospital, Vienna: A. Rieger, V.R. Touzeau.

Belgium (S. de Witt, n=102): Centre Hospitalier Universitaire St. Pierre (C.H.U. St. Pierre), Brussels: S. de Witt, N. Clumeck, K. Kabeya; Institute of Tropical Medicine, Antwerp: E. Cleve, E. Florence, L. van Petersen; Universitair Ziekenhuis Gasthuisberg, Leuven: H. Ceunen, E.H. van Wijngaerden; Universitaire Ziekenhuizen Gent, Gent: T. James, L. Vandekerckhove.

<u>Brazil (L.C. Pereira Jr., M. Schechter, n=619)</u>: *Ambulatório de Imunodeficiências (LIM-56), Sao Paulo, SP*: J. Casseb, E. Constantinov, M.A. Monteiro; *Center for ID at UFES, Vitoria, ES*: L.N. Passos, T. Reuter; *Centro de Referência e Treinamento DST/AIDS, Sao Paulo, SP*: S.T. Leme, J.V.R. Madruga, R.S. Nogueira; *Hospital*

Escola Sao Francisco de Assis, Rio de Janeiro, RJ: M. Barbosa Souza, C. Beppu Yoshida, M. Dias Costa; Instituto de Infectologia Emilio Ribas, Sao Paulo, SP: R. Castro, R.Cruz, S. Ito, T.N. Lobato Souza; Instituto FIOCRUZ, Rio de Janeiro, RJ: B. Grinsztejn, V.G. Veloso, S. Wagner Cardoso; SEI Serviços Especializados em Infectología LTDA, Salvador, Bahia: F. Bahia, C. Brites, J. Correia.

Chile (M.J. Wolff, n=76): Fundación Arriarán, Santiago: M. Wolff, R. Northland, C. Cortés.

<u>Czech Republic (D. Sedlacek, n=13)</u>: Faculty Hospital Na Bulovce, Prague: D. Jilich; University Hospital Plzen, Plzen: D. Sedlacek.

Denmark (J. Gerstoft, n=33): Hvidovre University Hospital, Hvidovre: P. Collins, L. Mathiesen; Odense University Hospital, Odense: L. Hergens, C. Pedersen; Rigshospitalet, Copenhagen: J. Gerstoft, L.P. Jensen; Århus Universitetshospital, Skejby, Århus: I.R. Lofthiem, L. Østergaard.

Estonia (K. Zilmer, n=8): West Tallinn Central Hospital Infectious Diseases, Tallinn: K. Zilmer.

Finland (M. Ristola, n=23): Helsinki University Central Hospital, Helsinki: M. Ristola, O. Debnam.

<u>France (B. Hoen, n=111)</u>: *CHU Côte de Nacre – Caen, Caen*: R. Verdon, S. Dargere; *CHU de Besançon -Hôpital Jean-Minjoz, Besancon*: B. Hoen, C. Chirouze; *Groupe Hospitalier Pitié-Salpêtrière, Paris*: C. Katlama, M-A. Valantin; *Hôpital Antoine Béclère, Clamart*: F. Boue, I. Kansau; *Hôpital de Bicêtre, Le Kremlin-Bicetre*: C. Goujard, C. Chakvetadze; *Hôpital Européen Georges Pompidou, Paris*: L. Weiss, M Karmochkine; *Hôpital Foch, Suresnes:* D. Zucman, C. Majerholc; *Hôpital Gustava Dron, Tourcoing*: O.Robineau, R. Biekre; *Hôpital Henri Mondor, Creteil*: Y. Levy, J.D. Lelievre; *Hôpital Hôtel Dieu, Paris*: J.P. Viard, J Ghosn; *Hôpital Saint-Antoine, Paris*: J. Pacanowski, B. Lefebvre; *Hôpital Saint-Louis, Paris*: J.-M. Molina, L. Niedbalski, M. Previlon; *French SCC, ANRS-Inserm SC10, Paris*: J.P. Aboulker, C. Capitant, B. Lebas, N. Leturque, L. Meyer, E. Netzer.

Germany (G. Fätkenheuer, n=312): EPIMED, Berlin: K. Arastéh, T. Meier; Gemeinschaftspraxis Jessen-Jessen-Stein, Berlin: C. Zedlack, H. Jessen; ICH Study Center, Hamburg: S. Heesch, C. Hoffmann; Ifi - Studien und Projekte GmbH, Hamburg: A. Plettenberg, A. Stoehr; Johann Wolfgang Goethe - University Hospital, Frankfurt.
G. Sarrach, C. Stephan; Klinik I für Innere Medizin der Universität zu Köln, Cologne: G. Fätkenheuer, E. Thomas; Klinikum der Universität München, Munich: J.R. Bogner, I. Ott; Klinikum Dortmund GmbH, Dortmund: M. Hower, C. Bachmann; Medizinische Hochschule Hannover, Hannover: M. Stoll, R. Bieder; Medizinische Universitätsklinik - Bonn, Bonn: J. Rockstroh, B. Becker; Universitätsklinikum Düsseldorf, Düsseldorf: B. Jensen, C. Feind; Universitätsklinikum Erlangen, Erlangen: E. Harrer, T. Harrer; Universitätsklinikum Essen, Essen: S. Esser, H. Wiehler; Universitätsklinikum Heidelberg, Heidelberg: M. Hartmann, R. Röger; Universitätsklinikum Regensburg: B. Salzberger, E. Jäger; Universitätsklinikum Würzburg, Würzburg: H. Klinker, G. Mark; Universitätsklinikum, Hamburg-Eppendorf: J. van Lunzen, N. Zerche; German SSC, Johann Wolfgang Goethe - University Hospital, Frankfurt: V. Müller, K. Tillman.

<u>Greece (G. Touloumi, n=101)</u>: AHEPA University Hospital, Thessaloniki Central Macedonia: S. Metallidis, O. Tsachouridou; Attikon University General Hospital, Athens: A. Papadopoulos, K. Protopapas; Evangelismos General Hospital, Athens: A. Skoutelis, V. Papastamopoulos; Hippokration University General Hospital of Athens, Athens: H. Sambatakou, I. Mariolis; Korgialenio-Benakio Hellenic Red Cross, Athens: M. K. Lazanas, M. Chini; Syngros Hospital, Athens: S. Kourkounti, V. Paparizos; Greek SCC, National Kapodistrian University of Athens; G. Touloumi, V. Gioukari, O. Anagnostou.

<u>India (n=91)</u>: Institute of Infectious Diseases, Pune Maharashtra: A. Chitalikar, S. Pujari; YRGCARE Medical Centre VHS, Chennai CRS: F. Beulah, N. Kumarasamy, S. Poongulali.

Ireland (P. Mallon, n=7): Mater Misericordiae University Hospital, Dublin: P. Mallon, P. McGettrick.

Israel (E. Kedem, n=28): Rambam Medical Center, Haifa: E. Kedem, S. Pollack; Tel Aviv Sourasky Medical Center, Tel Aviv: D. Turner.

<u>Italy (G. Tambussi, n=33)</u>: *Lazzaro Spallanzani IRCSS, Rome:* A. Antinori, R. Libertone; *Ospedale San Raffaele S.r.I., Milan*: G. Tambussi, S. Nozza, M.R. Parisi.

Luxembourg (T. Staub, n=5): Centre Hospitalier de Luxembourg, Luxembourg: T. Staub, C. Lieunard.

Malaysia (n=18): University Malaya Medical Centre, Kuala Lumpur: R.I.S.R. Azwa.

Mali (S. Dao, n=41): SEREFO/ CESAC Mali, Bamako, Bamako: B. Baya, M. Cissé, D. Goita.

<u>Mexico (n=48)</u>: *INCMNSZ (Instituto Nacional de Ciencias Médicas y Nutrición), Tlalpan D.F.*: J. Sierra-Madero, M.E. Zghaib.

Morocco (K.M. El Filali, n=44): University Hospital Centre Ibn Rochd, Casablanca: K.M. El Filali, I. Erradey, H. Himmich.

Nigeria (n=50): Institute of Human Virology-Nigeria (IHVN), Garki, Abuja FCT: E. Ekong, N. Eriobu.

Norway (V. Ormaasen, n=15): Oslo University Hospital, Ulleval, Oslo: V. Ormaasen, L. Skeie.

<u>Peru (A. La Rosa, n=215)</u>: Hospital Nacional Edgardo Rebagliati Martins, Lima, Lima: M. Espichan Gambirazzio,
F. Mendo Urbina; Hospital Nacional Guillermo Almenara Irigoyen, Lima, Lima: R. Salazar Castro, J. Vega
Bazalar; IMPACTA Salud y Educación, Lima, Lima: M.E. Guevara, R. Infante, J. Sanchez, M. Sanchez;
IMPACTA San Miguel, Lima, Lima: R. Chinchay, J.R. Lama, M. Sanchez; Via Libre, Lima, Lima: E.C. Agurto, R.
Ayarza, J.A. Hidalgo.

<u>Poland (A.J. Horban, n=68)</u>: *EMC Instytut Medyczny SA, Wroclaw*: B. Knysz, A. Szymczak; *Uniwersytecki Szpital Kliniczny, Bialystok*: R. Flisiak, A. Grzeszczuk; *Wojewodzki Szpital Zakazny, Warsaw*: A.J. Horban, E. Bakowska, A. Ignatowska.

Portugal (L. Caldeira, n=67): Hospital Curry Cabral, Lisbon: F. Maltez, S. Lino; Hospital de Egas Moniz, Lisbon: K. Mansinho, T. Bapista; Hospital de Santa Maria, Lisbon: M. Doroana, A. Sequeira, L. Caldeira; Hospital Joaquim Urbano, Oporto: J. Mendez, R.S.E. Castro.

South Africa (R. Wood, n=518): 1 Military Hospital, Pretoria Gauteng: S.A. Pitsi; Desmond Tutu HIV Centre -Cape Town, Cape Town, Western Province: R. Kaplan, N. Killa, C. Orrell, M. Rattley; Durban International Clinical Research Site, Durban, KwaZulu Natal: U.G. Lalloo, R. Mngqibisa, S. Pillay; Durban International Clinical Research Site WWH, Durban, KwaZulu Natal: J. Govender, M. John; University of Witwatersrand, Johannesburg, Gauteng: S. Badal-Faesen, N. Mwelase, M. Rassool.

Spain (J.R. Arribas, n=234): Complejo Hospitalario Xeral Cies, Vigo Pontevedra: A.O. Hermida, F. Warncke; Hospital Clínic de Barcelona, Barcelona: J.M. Gatell, A. Gonzalez; Hospital Clínico San Carlos, Madrid: V. Estrada, M. Rodrigo; Hospital de la Santa Creu i Sant Pau, Barcelona: P. Domingo, M. Gutierrez; Hospital del Mar, Barcelona: H.J. Knobel, A. Gonzalez; Hospital La Paz, Madrid: J.R. Arribas, M. Montes Ramirez; Hospital La Princesa, Internal Medicine and Infectious Disease Service CRS, Madrid: I. de los Santo Gil, J. Sanz Sanz; Hospital Universitari Germans Trias i Pujol, Badalona: B. Clotet, J.M. Llibre, P. Cobarsi; Hospital Universitari Mutua Terrassa, Terrassa Barcelona: D. Dalmau, C. Badia; Hospital Universitario Doce de Octubre, Madrid: R. Rubio, M.M. del Amo; Hospital Universitario Príncipe de Asturias, Alcala de Henares Madrid: J. Sanz Moreno; Hospital Universitario y Politécnico La Fe, Valencia: J. López Aldeguer, S. Cuellar; Spanish SSC, Acoiba, Madrid: P. López, B. Portas, P. Herrero.

<u>Sweden (M. Gisslén, n=2)</u>: Sahlgrenska University Hospital, Sweden: M. Gisslén, L. Johansson; Skåne University Hospital, Malmö: C. Håkangård, K. Törqvist.

Switzerland (H. Furrer, n=31): Bern University Hospital, Bern: H. Furrer, A. Rauch; Unite VIH/SIDA Genèva, Genèva: A.L. Calmy, B. Hirschel (retd), T Lecompte; University Hospital Basel, Basel: M. Stoeckle; University Hospital Zurich, Zürich: N. Muller, M. Rizo-Oberholzer; Swiss SCC, Bern University Hospital, Bern: H. Furrer, C. Bruelisauer, A. Christen, M. Lacalamita.

<u>Thailand (K. Ruxrungtham, n=248)</u>: Bamrasnaradura Infections Diseases Institute, Nonthaburi: W. Prasithsirikul,
S. Thongyen; Chiangrai Prachanukroh Hospital, Chiang Rai: P. Kantipong, S. Khusuwan; Chonburi Regional Hospital, Chonburi: C. Bowonwatanuwong, U. Ampunpong; Chulalongkorn University Hospital, Bangkok: K.
Ruxrungtham, A. Avihingsanon, W. Thiansanguankul; Khon Kaen University, Srinagarind Hospital, Khon Kaen:
P. Chetchotisakd, P. Motsikapun, S. Anunnatsari; Ramathibodi Hospital, Bangkok: S. Kiertiburanakul, N.
Sanmeema; Research Institute for Health Sciences (RIHES), Chiang Mai: K. Supparatpinyo, P. Sugandhavesa; Sanpatong Hospital, Chiang Mai: V. Klinbuayaem, Y. Siriwarothai; Siriraj Hospital, Bangkok Noi: W.
Ratanasuwan, T Anekthananon; Thai SCC, The HIV Netherlands Australia Thailand Research Collaboration (HIV-NAT), Bangkok: W. Harnnapachewin, T. Jupimai, P. Rerksirikul.

<u>Uganda (P. Mugyenyi, n=349)</u>: Joint Clinical Research Center (JCRC), Kampala: P. Mugyenyi, C. Kityo, H. Mugerwa; *MRC/UVRI Research Unit on AIDS, Entebbe*: P. Munderi, B. Kikaire, J. Lutaakome; *MRC/UVRI Research Unit on AIDS, Masaka – satellite site*: Z. Anywaine.

United Kingdom (M.A. Johnson, n=339): Barts Health NHS Trust, London: C. Orkin, J. Hand; Belfast Health and Social Care Trust (RVH), Belfast Northern Ireland: C. Emerson, S. McKernan; Birmingham Heartlands Hospital, Birmingham West Midlands: D. White, C. Stretton; Brighton and Sussex University Hospitals NHS Trust, Brighton East Sussex: M. Fisher, A. Clarke, A. Bexley; Chelsea and Westminster Hospital, London: B. Gazzard, C. Higgs, A. Jackson; Coventry and Warwickshire NHS partnership Trust, Coventry West Midlands: S. Das, A. Sahota; Gloucestershire Royal Hospital, Gloucester: A. de Burgh-Thomas, I. Karunaratne; Guy's and St. Thomas' NHS Foundation Trust, London: J. Fox, J.M. Tiraboschi; Imperial College Healthcare NHS Trust, London: A. Winston, B. Mora-Peris; Leicester Royal Infirmary, Leicester Leicestershire: M.J. Wiselka, L. Mashonganyika; Lewisham and Greenwich NHS Trust, London: S. Kegg, T. Moussaoui; North Manchester General Hospital, Manchester: E. Wilkins, Y. Clowes; Queen Elizabeth Hospital Birmingham, Birmingham West Midlands: J. Ross, J. Harding; Royal Berkshire Hospital, Reading Berkshire: F. Chen, S. Lynch; Royal Bournemouth Hospital, Bournemouth Dorset. E. Herieka, J. Ablorde; Royal Free London NHS Foundation Trust, London: M.A. Johnson, M. Tyrer, M. Youle; Sheffield Teaching Hospital NHS Foundation Trust, Sheffield South Yorkshire: D. Dockrell, C. Bowman; Southmead Hospital, Bristol: M. Gompels, L. Jennings; St. George's Healthcare NHS Trust, London: P. Hay, O. Okolo; The James Cook University Hospital, Middlesbrough Cleveland: D.R. Chadwick, P. Lambert; University College London Medical School, London: I. Williams, A. Ashraf.

United States (K. Henry, n=507): Adult Clinical Research Center, Newark, NJ: M. Paez-Quinde, S. Swaminathan; Boston University Medical Center, Boston, MA: I. Bica, M. Sullivan; Bronx-Lebanon Hospital Center, Bronx, NY: R.B. Cindrich, L.M. Vasco; Community Research Initiative of New England, Boston, MA: J. Green, H.B. Olivet; Cooper University Hospital, Camden, NJ: J. Baxter, Y. Smith; Cornell CRS, New York, NY: V. Hughes, T. Wilkin; Denver Public Health, Denver, CO: E.M. Gardner, J. Scott; Duke University, Durham, NC: J. Granholm, N. Thielman; Florida Department of Health in Orange/Sunshine Care Center, Orlando, FL: W.M. Carter, N.D. Desai; George Washington University Medical Center, Washington, DC: D.M. Parenti, G.L. Simon; Georgetown University Medical Center, Washington, DC: P. Kumar, M. Menna; Hennepin County Medical Center, Minneapolis, MN: J. Baker, R. Givot; Henry Ford Hospital, Detroit, MI: L.H. Makohon, N.P. Markowitz; Hillsborough County Health Department, Tampa, FL: M. Chow, C. Somboonwit; Infectious Disease Associates of Northwest Florida, Pensacola, FL: A.B. Brown, B.H. Wade; Lurie Children's Hospital, Chicago, IL: J. Jensen, A. Talsky; Maternal, Child and Adolescent Center for ID/Virology USC, Alhambra, CA: A. Kovacs, L. Spencer; Mayo Clinic, Rochester, MN: S. Rizza, Z. Temesgen; Medical College of Wisconsin, Milwaukee, WI: M. Frank, S. Parker; Montefiore Medical Center, Bronx, NY: C. Rosario, J. Shuter; Mt Sinai Hospital, Chicago, IL: K. Rohit, R. Yogev; National Military Medical Center, Bethesda, MD: I. Barahona, A. Ganesan; Naval Medical Center Portsmouth NMCP, Portsmouth, VA: S. Banks, T. Lalani; Naval Medical Center San Diego NMCSD, San Diego, CA: M.F. Bavaro, S. Echols; NICE, Southfield, MI: M. Farrough, R.D. MacArthur; NIH, Bethesda, MD: R.T.

Davey Jr., R. McConnell; Ohio State University, Columbus, OH: H. Harber, S.L. Koletar; Orlando Immunology Center, Orlando, FL: E. DeJesus, A.F. Garcia; Regional Center for Infectious Disease, Greensboro, NC: K. Epperson, C.N. Van Dam; San Antonio Military Health System, JBSA Fort Sam Houston, TX: J.F. Okulicz, T.J. Sjoberg; San Juan Hospital, San Juan, PR: M. Acevedo, L. Angeli; St. Jude Children's Research Hospital, Memphis, TN: P.M. Flynn, N. Patel; Temple University, Philadelphia, PA: C. Geisler, E. Tedaldi; Texas Children's Hospital- Baylor College of Medicine, Houston, TX: C. McMullen-Jackson, W.T. Shearer; The Research & Education Group, Portland, OR: M.D. Murphy, S.M. Sweek; Tulane University Health Sciences Center, New Orleans, LA: D. Mushatt, C. Scott; UCLA CARE 4 Families, Los Angeles, CA: M. Carter, J. Deville; UCSD Mother-Child-Adolescent HIV Program, San Diego, CA: S.A. Spector, L. Stangl; University of Florida, Department of Pediatrics, Jacksonville, FL: M.H. Rathore, K. Thoma; University of Florida, Jacksonville, FL: M. Sands, N. Wilson; University of Illinois at Chicago, Chicago, IL: R.M. Novak, T. Pearson; University of Miami, Miami, FL: M.A. Kolber, T. Tanner; University of North Carolina, Chapel Hill, NC: M. Chicurel-Bayard, E. Hoffman; University of North Texas Health Science Center, Fort Worth, TX: I. Vecino, S.E. Weis; University of Puerto Rico, San Juan, PR: I. Boneta, J. Santana; University of Texas Southwestern Medical Center, Dallas, TX: M.K. Jain, M. Santos; Veterans Affairs Greater LA Healthcare System, Los Angeles, CA: M.B. Goetz, W.L. Rossen; Virginia Commonwealth University, Richmond, VA: D. Nixon, V. Watson; Wake County Human Services, Raleigh, NC: D. Currin, C. Kronk; Wake Forest University Health Sciences, Winston-Salem, NC: L. Mosley, A. Wilkin; Washington DC Veterans Administration, Washington, DC: A.M. Labriola, D.W. Thomas; Yale University School of Medicine, New Haven, CT: D. Chodkowski, G. Friedland.

Section 2. Contributions to the Design, Conduct and Reporting of the START Study

Dr Babiker et al lead the design of START [1] on behalf of the International Network for Strategic Initiatives in Global HIV Trials (INSIGHT). INSIGHT conducted the study including the gathering and quality assurance of the data collected from the participating sites. The three unblinded START statisticians (Drs Grund, Phillips and Ms Sharma) analyzed the data based on a statistical analysis plan written by the START co-chairs and INSIGHT PI. The START leadership team remained blinded to the results until May 15, 2015. The manuscript was written and edited by Dr Lundgren et al (a writing group of 19 persons named on the main publication). The decision to publish these results was based on recommendations from the START data safety and monitoring board at their meeting on May 15, 2015 as detailed in the method section of the manuscript. The writing group vouches for the data, the analysis and the content of the manuscript. No agreements concerning confidentiality of the data exist between the sponsor (University of Minnesota) or the funders, and the writing group members or the institutions they are affiliated with.

Section 3. Recommendations of Antiretroviral Drugs to be Used When Initiating Antiretroviral Treatment in START, As of 26 May 2015 and History

A. Recommendations as of 26 May 2015

Antiretroviral Components Required for the Initial Regimen in START 29 May 2014 ¹

To construct the initial antiretroviral regimen in START, select one component from Column A and one component from Column B						
	Column A NNRTI, PI or INSTI Options (alphabetical order)				Column B Dual-NRTI Options ² (alphabetical order)	
<u>NNRTI</u> : or efavirenz rilpivirine	<u>PI:</u> atazanavir + ritonavir (once daily) darunavir + ritonavir (once daily) lopinavir/ritonavir (once or twice daily)	or	<u>INSTI</u> : dolutegravir elvitegravir + cobicistat ³ raltegravir	+	<u>NRTI</u> : abacavir/lamivudine tenofovir/emtricitabine zidovudine/lamivudine ⁴	

 Derived from Table 6 of the Department of Health and Human Services (DHHS) Guidelines for the use of antiretroviral agents in HIV-1infected adults and adolescents (01 May 2014). Use of fixed-dose combinations of components in Columns A and B or of single formulations of NRTIs in Column B is acceptable except as noted in 3 below.

- 2. Lamivudine may substitute for emtricitabine or vice versa.
- 3. Only as part of the fixed-dose combination elvitegravir/cobicistat/emtricitabine/tenofovir (e.g., Stribild[™] or other approved brand/generic), in individuals with creatinine clearance >70 mL/min
- 4. As of 01 May 2014, the US DHHS Guidelines no longer recommend zidovudine as part of antiretroviral therapy provided that other and safer alternatives are available. Zidovudine causes excess risk of anemia, neutropenia and lipodystrophy compared with tenofovir and abacavir. Conversely, abacavir is contraindicated in persons with tissue type HLA-B*5701; tenofovir may negatively impact bone physiology and cause renal impairment, and is generally not recommended in individuals with severely impaired kidney function.

Nevirapine (NNRTI) may not be used in the initial antiretroviral regimen in START because it is not recommended for women with a CD4+ cell count > 250 cells/mm³ or for men with a CD4+ cell count > 400 cells/mm³ due to increased risk of hepatic toxicity.

Not all of the antiretroviral agents listed above may be available from the START Central Drug Repository.

NRTI: nucleoside/nucleotide reverse transcriptase inhibitor NNRTI: non-nucleoside reverse transcriptase inhibitor PI: protease inhibitor INSTI: integrase strand transfer inhibitor

B. History of Changes to the Recommended Antiretroviral Regimen at Treatment Initiation When the protocol opened to enrollment in 2009, the following antiretroviral regimens were recommended.

Antiretroviral Components Required for Initial Regimen in START: 13 January 2009⁺

To construct an antiretroviral regimen, select 1 component from Column A and 1 from Column B							
(NNRTI c	Column A or Pl Options – alphabetical order)		Column B (Dual-NRTI Options – alphabetical order)				
<u>NNRTI</u> : or efavirenz	<u>PI</u> : atazanavir + ritonavir (1x/day) fosamprenavir + ritonavir (2x/day) fosamprenavir + ritonavir (1x/day) lopinavir/ritonavir (2x/day) lopinavir/ritonavir (1x/day) darunavir + ritonavir (1x/day)	+	abacavir/lamivudine tenofovir/emtricitabine zidovudine/lamivudine				

+ Derived from Table 6 of the Department of Health and Human Services (DHHS) Guidelines (03 November 2008). Nevirapine is not included in the table as an initial regimen because it is not recommended for women with a CD4+ cell count > 250 cells/mm³ or men with a CD4+ cell count > 400 cells/mm³ because of increased risk of hepatic events.

History of changes:

14 Jan 2010: Changed after 01 Dec 2009 DHHS guidelines update. Added integrase inhibitors (INSTI) as a class (raltegravir) option in addition to NNRTI and PI.

19 Mar 2012: Changed after 14 Oct 2011 DHHS guidelines update. Added rilpivirine as an NNRTI option.

15 Feb 2013: Changed after 12 Feb 2013 DHHS guidelines update. Added elvitegravir + cobicistat as an INSTI option (only as part of fixed-dose combination with emtricitabine and tenofovir, a.k.a. Stribild, in individuals with creatinine clearance > 70 mL/min).

18 Mar 2013: Changed to allow the substitution of lamivudine for emtricitabine or vice versa in the NRTI backbone combination based on the 12 Feb 2013 DHHS update.

27 Nov 2013: Added dolutegravir as an INSTI option, following the "Recommendations on Integrase Inhibitor Use in Antiretroviral Treatment-Naïve HIV-Infected Individuals from the DHHS Panel on Antiretroviral Guidelines for Adults and Adolescents", released on 30 Oct 2013. 29 May 2014: Changed after 01 May 2014 DHHS guidelines update. Added footnote stating, "the US DHHS Guidelines no longer recommend zidovudine as part of antiretroviral therapy provided that other and safer alternatives are available. Zidovudine causes excess risk of anemia, neutropenia and lipodystrophy compared with tenofovir and abacavir. Conversely, abacavir is contraindicated in persons with tissue type HLA-B*5701; tenofovir may negatively impact bone physiology and cause renal impairment, and is generally not recommended in individuals with severely impaired kidney function."

Section 4. Methods Used to Readjust Sample Size and Required Number of Primary Endpoints to Maintain Sufficient Power in 2013, and Other Aspects of the START Design

A. Sample Size

The initial sample size for START was estimated as 4000 participants [1]. According to the START protocol, a sample size re-estimation was to be carried out before enrollment was complete to verify some of the key assumptions used in its calculation and ensure that the planned sample size was adequate. Following the sample size re-estimation in January 2013, it was projected that 4,600 participants would be required to reliably address the primary study question. This was based on estimates of the expected event rates for the composite primary outcome and its major components (Serious AIDS and Serious non-AIDS) in the immediate and deferred ART groups. These estimates were obtained using data from a large observational dataset (CASCADE collaboration [2]) and data from START on baseline CD4+ counts and pooled event rates (for both treatment groups combined) obtained at the time of sample size re-estimation, together with computer simulations that account for the distribution of CD4+ cell counts projected for START during follow-up. These estimates and other assumptions used in calculating sample size are summarized below:

- a. The primary analysis will be intention to treat using a Cox proportional hazards model with a single indicator for treatment group
- b. Type I error is 0.05 (2-sided)
- c. Participants are enrolled over a 3-year period and followed for a minimum of 3 years resulting in an average follow-up of 4.5 years and a total study duration of 6 years.
- d. Median CD4+ count at entry will be 646 (IQR: 581 752) cells per cubic millimeter.
- e. The primary endpoint rate in the deferred ART group and the treatment difference (hazard ratio for immediate ART relative to deferred ART) during each year of follow-up are as shown in Table 1 below. The average hazard ratio is 0.64.
- f. Serious AIDS events are projected to constitute 23% of the primary event and the average hazard ratio for these events is 0.45. The average hazard ratio for Serious non-AIDS events is 0.70.
- g. The estimated treatment differences take into account likely levels of adherence to the immediate ART strategy (e.g., participants followed in CASCADE who started ART were considered "on ART" irrespective of adherence or future discontinuation of their ART).
- For adherence to the deferred strategy it was assumed that 70% of participants would adhere to the deferral CD4+ count threshold of 350 cells per cubic millimeter and 30% would initiate ART earlier 10% before the CD4+ count declined to 400 cells per cubic millimeter and 20% while the CD4+ count was between 350 and 400 cells per cubic millimeter.
- i. A loss to follow-up rate of 2.7 per 100 person-years (equivalent to a 15% cumulative lost to follow-up after 6 years) is assumed.

j. Based on these assumptions, the estimated sample size of 4,600 participants (2,300 participants in each treatment group) would yield 90% power for the primary comparison and would provide adequate power to address the two major components of the composite endpoint (76% for Serious AIDS and 65% for Serious non-AIDS). The number of primary events required is 213.

Year of	Deferred Group Event Rate	Hazard Ratio for
Follow-Up	(per 100 PY)	Immediate vs Deferred ART
1	1.2	0.66
2	1.3	0.57
3	1.4	0.60
4	1.5	0.65
5	1.5	0.72
6	1.5	0.79

Section 4; Table 1. Annual Primary Event Rate and Hazard Ratio.

B. Randomization and Blinding

Randomization was stratified by clinical site. Permuted blocks of different sizes were used to generate randomization schedules. Assignments were obtained from a web-based program that verified participant eligibility.

Due to the nature of the study, investigators and participants were not blinded to the treatment group assignment. However, endpoints were reviewed blinded to treatment group.

C. Data Collection and Follow-up of Participants

Prior to randomization, participants underwent a clinical evaluation including history of non-AIDS conditions. Demographic data, HIV-specific data, including likely mode of infection, time since HIV diagnosis, HIV RNA level, and CD4+ and CD8+ counts, and other blood measurements, including lipids, creatinine, glucose, liver function tests, and hepatitis serology were collected. Risk factors for non-AIDS conditions, including smoking status and blood pressure, were assessed; a 12-lead resting electrocardiogram (ECG) was also obtained by the majority of participating sites. These risk factors were used to estimate the Framingham risk of coronary heart disease (CHD)[3].

Follow-up study visits occurred at month 1, month 4, then every 4 months thereafter. At each visit, a targeted health history and examination were conducted, ART changes and adherence (if relevant) were assessed, and CD4+ cell count and HIV RNA levels were obtained. At each annual visit, lipids, liver function tests, glucose and creatinine were measured, non-AIDS risk factors were assessed, and a 12-lead ECG was obtained.

Primary and secondary outcomes, including serious clinical events that were not part of the composite primary outcome, were to be reported as soon as the clinical site became aware of them. Similarly, when participants in the deferred arm initiated ART, this was immediately reported along with the reason for initiating ART.

Section 5. Sensitivity Analyses for the Primary Endpoint.

A. Sensitivity Analyses for Unknown Primary Endpoint Status

In the primary analysis, follow-up was censored on May 26, 2015, the last day of study contact, or when a primary event occurred, whichever occurred earliest. During this time, 6969 person years of follow-up accrued in the immediate ART group (time to primary endpoint), 6932 in the deferred ART group, and event rates were 0.60 and 1.38 per 100 person years, respectively (Table 2 of main manuscript). For 93 (4.0%) participants in the immediate ART group, and 119 (5.0%) in the deferred ART group, the primary endpoint status by May 26, 2015 was unknown (no contact > 10 months, and no primary endpoint during follow-up). For these participants, 202 person-years would have accrued between the last day of study contact and May 26, 2015 in the immediate ART group, and 258 person-years in the deferred ART group ("unobserved follow-up time"). In order to assess the magnitude of potential bias due to missing data during this time, we imputed events for the unobserved follow-up time based on a wide range of assumed event rates for both treatment groups. We added the unobserved and observed person-years of follow-up time, estimated the number of events in each treatment group by adding the imputed expected number of events during the unobserved follow-up time to the observed event counts, and used Poisson regression with a single treatment group indicator to estimate the rate ratios for the immediate versus deferred ART groups with 95% confidence intervals. The Table 1 below shows the assumed event rates for the unobserved follow-up time, the estimated numbers of events, and the estimated rate ratios with confidence intervals and p-values. The actual coverage probability of the confidence intervals is slightly less than 95%, since the methodology does not account for random variability during the unobserved follow-up time.

Section 5; Table 1. Sensitivity Analyses for the Primary Endpoint to Assess the Effect of Unknown Endpoint Status.

	Assumed Event		Estim	ated			
	Rates for Time		Numb	er of			
	with Ur	nknown	Participa	Participants with			
	Endpoin	t Status	a Primar	y Event			
Assumptions for Event							
Rates After the Endpoint	lmm.	Def.	lmm.	Def.	Rate	95% CI	P-value
Status Became	ART	ART	ART	ART	Ratio		
Unknown	Group	Group	Group	Group			
No. of events	0	0	42	96	0.44	(0.31 – 0.63)	<0.001
Same rate as during the	0.60	1.38	43.2	99.6	0.44	(0.30 – 0.62)	<0.001
time of known							
endpoint status							
Rate in the deferred ART	0.60	2.76	43.2	103.1	0.42	(0.29 – 0.60)	<0.001
group is 2x higher							
Rate in the deferred ART	0.60	4.14	43.2	106.7	0.41	(0.29 – 0.58)	<0.001
group is 3x higher							
Rate in the deferred ART	0.60	6.90	43.2	113.8	0.38	(0.27 – 0.54)	<0.001
group is 5x higher							
Rate in the deferred ART	0.60	13.8	43.2	131.5	0.33	(0.23 – 0.46)	<0.001
group is 10x higher							
Rate in the immediate	1.20	1.38	44.4	99.6	0.45	(0.31 – 0.64)	<0.001
ART group is 2x higher							
Rate in the immediate	1.80	1.38	45.6	99.6	0.46	(0.32 – 0.65)	<0.001
ART group is 3x higher							
Rate in the immediate	3.00	1.38	48.0	99.6	0.48	(0.34 – 0.68)	<0.001
ART group is 5x higher							
Rate in the immediate	6.00	1.38	54.1	99.6	0.54	(0.39 – 0.76)	<0.001
ART group is 10x							
higher							

B. Sensitivity Analyses for the Event Adjudication Status

All reported AIDS and Serious non-AIDS events were reviewed by an independent endpoint review committee (ERC) using pre-specified criteria, and blinded to treatment group. As was pre-specified in the protocol, the primary analysis included all events that were adjudicated as confirmed or probable. Table 2 below shows event

counts, rates, and hazard ratios with 95% confidence intervals for all reported events (irrespective of adjudication status), and for only those events that were adjudicated as "confirmed" by the ERC.

Section 5; Table 2. Primary Endpoint and Major Secondary Endpoints, Including All Reported Events, and Including Only Events Adjudicated as "Confirmed".

	Immediate ART Group		Deferred AR	T Group		
	(N=2326)		(N=235	9)		
	No. of	Rate (per	No. of	Rate	Hazard Ratio for	P-value
	Participants	100	Participants	(per 100	Imm. vs. Def.	
	with Event	Person	with Event	Person	ART groups	
		Years)		Years)	(95% CI)	
All reported events						
Primary endpoint	51	0.73	121	1.76	0.41 (0.30 - 0.58)	<0.001
Serious AIDS	22	0.32	76	1.10	0.29 (0.18 – 0.46)	<0.001
Serious non-AIDS	30	0.43	48	0.69	0.62 (0.39 – 0.98)	0.04
Confirmed events only						
Primary endpoint	42	0.60	86	1.24	0.48 (0.33 – 0.70)	<0.001
Serious AIDS	14	0.20	42	0.60	0.33 (0.18 – 0.61)	<0.001
Serious non-AIDS	29	0.42	45	0.64	0.64 (0.40 – 1.01)	0.06



date the participant was last known alive.

* No contact for > 10 months, and no primary endpoint.



Figure S2. Time to Initiation of ART, Kaplan-Meier Estimates



Figure S3. Change in Mean CD4+ Count from Study Entry

Longitudinal mixed model, adj. for baseline CD4 and visit:

Est. diff.: 194.2 95% CI: 185.1 - 203.3 P-value: <0.001





Latest CD4+ Count (cells per cubic millimeter)

During follow-up, CD4+ counts tended to be higher in the immediate ART group compared with the deferred ART group. The bars show person-years that were accumulated in each of five strata of latest (time-updated) CD4+ counts, as percent of total follow-up time. In addition, the CD4+ count immediately preceding each primary event was determined. Above each bar, the number of events in each stratum is shown, with the event rate calculated per 100 person-years accumulated in that CD4+ count stratum.

Reasons for ART Initiation	Ν	%	Latest CD4+ Prior to ART Initiation
			(cells per cubic mm)
			Median (5 th , 25 th , 75 th , 95 th Percentile)
Latest CD4+ count < 350 cells/mm ³ prior to	422	37.2	300 (178, 262, 329, 346)
ART initiation			
Latest CD4+ count \geq 350 cells/mm ³ prior to	712	62.8	514 (362, 422, 639, 941)
ART initiation ¹			
Earlier CD4+ < 350	60		
Progression of disease (AIDS-related), or	118		
conditions/symptoms indicative of HIV			
progression			
Serious non-AIDS event	10		
Other clinical event/diagnosis	93		
Rapidly declining CD4 or low CD4%	104		
Elevated HIV RNA	106		
Reduce risk of HIV transmission	124		
Pregnancy or breastfeeding	46		
Clinician-directed, none of the above	71		
Patient wish, none of the above	116		
Other or reason unknown, none of the above	3		
Number of participants who started ART	1134		408 (225, 319, 563, 832)
¹ Reasons not mutually exclusive			

Table S1. Reasons for Initiating ART in the Deferred ART Group

Reasons not mutually exclusive.

	Nucleos(t)ide Reverse Transcriptase Inhibitor Combinations (# Participants)									Total		
3 rd	ABC	/3TC	TDF,	/FTC	ZDV	/3TC	TDF/3TC		NPP			
drug:	lmm	Def	Imm	Def	Imm	Def	Imm	Def	Imm	Def	Imm	Def
EFV	24	10	1463	525	173	29	1	10	0	0	1661	574
RPV	2	2	95	139	0	0	0	0	0	0	97	141
ATV/r	22	12	199	81	8	2	0	1	0	1	229	97
DRV/r	14	18	149	105	0	0	0	0	0	0	163	123
FPV/r	0	0	9	6	2	0	0	0	0	0	11	6
LPV/r	1	3	15	6	2	11	0	0	0	0	18	20
RAL	7	10	91	77	1	1	0	0	1	0	100	88
EVG/c	0	0	1	49	0	0	0	0	0	0	1	49
DTG	1	9	0	8	0	0	0	0	0	1	1	18
NPP	0	6	3	6	1	3	0	0	2	3	6	18
Total	71	70	2025	1002	187	46	1	11	3	5	2287	1134

Table S2. Type of Initial ART Used in the Immediate and Deferred Groups

A total of 2287 and 1134 participants initiated ART in the immediate (Imm) and deferred (Def) groups, respectively. Drugs from the following antiretroviral medicines classes were used: Nucleos(t)ide reverse transcriptase inhibitors (ABC=abacavir; 3TC=lamivudine; TDF=tenofovir; FTC=emtricitabine; ZDV=zidovudine); non-nucleoside reverse transcriptase inhibitors (EFV=efavirenz; RPV=rilpivirine), protease inhibitors (ATV=atazanavir; /r=ritonavir boosted; DRV=darunavir; FPV=fosamprenavir; LPV=lopinavir), and integrase inhibitors (RAL=raltegravir; EVG/c=elvitegravir boosted with cobicistat). Not per protocol (NPP) drug combinations are shown in aggregate (see <u>Section 3 of this Supplementary Appendix</u> for protocol-allowed combinations).

Table S3. Composition of the Primary Endpoint, and the Incidence (Number of Participants) by Type of Event.

Type of Event	Composit	tion of the	Numb	er of
	Primary Endpoint ¹		Participa	nts with
			Eve	nt
	lmm.	Def.	lmm.	Def.
	ART	ART	ART	ART
Serious AIDS ²				
Bacterial pneumonia	0	1	0	1
Tuberculosis, pulmonary	6	16	6	17
Tuberculosis, extrapulmonary	0	3	0	3
Cytomegalovirus	1	0	1	0
Herpes zoster, disseminated	0	3	0	3
Cryoptococcosis, extrapulmonary	1	0	1	0
Pneumonia, Pneumocystis jirovecii	1	5	1	5
Cervical carcinoma	1	0	1	0
Kaposi's sarcoma	1	11	1	11
Lymphoma, Hodgkin's	1	1	1	1
Lymphoma, non-Hodgkin's	2	9	2	9
AIDS-death	0	1	1	4
Subtotal, any Serious AIDS	14	50	14	50
Serious non-AIDS				
Cardiovascular disease	12	14	12	14
Acute myocardial infarction	6	5	6	5
Coronary revascularization	4	5	8	5
Stroke	1	4	1	4
Death due to cardiovascular causes	3	1	3	1
Cancer, non-AIDS	9	18	9	18
Anal cancer	1	2	1	2
Lung cancer	2	2	2	2
Prostate cancer	2	3	2	3
Other non-AIDS cancer ³	4	11	4	11
Death due to cancer	0	0	1	1
Liver or renal disease	1	2	1	2
End-stage renal disease, non-fatal	1	0	1	0
Death due to liver or renal disease	0	2	0	2

Type of Event	Composit	tion of the	Numb	Number of	
	Primary Endpoint ¹		Participants with		
			Eve	ent	
	lmm.	Def.	lmm.	Def.	
	ART	ART	ART	ART	
Death, other than above	6	12	7	13	
Accident or violence	4	3	4	3	
Diabetes	0	1	0	1	
Infection	0	1	0	1	
Suicide	0	2	0	3	
Substance abuse	0	2	0	2	
Unknown cause	2	3	3	3	
Subtotal, any Serious non-AIDS	28	46	29	47	
Total	42	96	42	96	

Each participant is counted only for the event type that occurred first. Counts across types of cardiovascular disease do not add up to 12 and 14 for the immediate and deferred ART groups, respectively, because one participant in each group experienced acute myocardial infarction and revascularization on the same day, and one participant in the immediate ART group experienced a stroke and died on the same day. Four out of 42 (10%) primary events in the immediate group occurred before initiation of ART compared to 68 out of 96 (71%) in the deferred group. In the immediate ART group, the latest HIV-RNA level prior to their primary event was less than 200 copies/mL for 32 of 42 participants (76%), compared with 19 of 96 (20%) in the deferred ART arm.

- ² Esophageal candidiasis and herpes simplex were not part of the Serious AIDS primary endpoint. Esophageal candidiasis was experienced by 1 participant in the immediate ART group and 7 in the deferred ART group. Herpes simplex, bronchitis, pneumonitis, esophagitis, or other visceral disease was experienced by 2 participants, both in the immediate ART group, whereas none had mucocutaneous ulcerations lasting for more than 1 month.
- ³ Immediate ART group: squamous cell carcinoma, plasma cell myeloma, bladder cancer, fibrosarcoma. Deferred ART group: gastric adenocarcinoma, breast cancer, ureteric cancer, malignant melanoma, myeloid leukemia, thyroid cancer, testicular cancer (2), leiomyosarcoma, liver cancer, squamous cell carcinoma of head and neck.

Table S4. Cause of Death

Cause of Death ¹	Immediate ART	Deferred ART Group
	Group	
AIDS, ongoing active disease	1	4
Cardiovascular disease		
Heart or vascular	1	1
Sudden death, cause unknown	2	0
Non-AIDS malignancy, excluding	1	1
hepatitis B/C related		
Chronic viral hepatitis	0	1
Renal failure	0	1
Infection	0	1
Diabetes mellitus	0	1
Accident/violence	4	3
Suicide	0	3
Substance abuse	0	2
Unknown	3	3
Total number of deaths	12	21

¹Cause of death was adjudicated by the independent Event Review Committee, and classified according to the CoDe system [4].

<u> </u>		1	1	
Type of Reaction ²	Group	Antiretroviral	Antiretroviral	Relatedness
		Drugs Used	Drugs Suspected	
		Around the Time	as Cause of the	
		of the Reaction ³	Reaction ³	
Fracture, traumatic complicated of wrist	Immediate	TDF, FTC, EFV	EFV	Possible
Psychosis, overdose cocaine and	Immediate	TDF, FTC, DRV/r	TDF, FTC	Possible
amphetamine				
Atheroma, ruptured skin	Immediate	TDF, FTC, EFV	TDF, FTC, EFV	Probably not
Suicide attempt (insulin injection)	Immediate	ABC, 3TC, EFV	EFV	Possible
			ABC, 3TC	Probably not
Cholecystolithiasis	Immediate	TDF, FTC, EFV	TDF, FTC, EFV	Probably not
Rectal bleeding	Immediate	TDF, FTC, ETV	TDF, FTC, ETV	Probably not
Hallucinations	Immediate	TDF, FTC, ATV/r	TDF, FTC, ATV/r	Probably not
Transient polyneuropathy of arm	Immediate	TDF, FTC, ATV/r	TDF, FTC, ATV/r	Probably not
Febrile pancytopenia	Immediate	TDF, FTC, EFV	TDF, FTC, EFV	Possible
Acute delerium	Immediate	TDF, FTC, EFV	TDF, FTC, EFV	Possible
Bells palsy	Immediate	TDF, FTC, RPV	TDF, FTC, RPV	Definitively
Eruptive xanthomas	Deferred	TDF, FTC, EFV	TDF, FTC, EFV	Probable
Febrile syndrome	Deferred	TDF, FTC, EFV	TDF, FTC,	Probably not
			EFV	Possible
Ureterolithiasis	Deferred	TDF, FTC, DRV/r	TDF, FTC, RTV	Probably not
			DRV	Possible
Unknown cause of death ⁴	Deferred	TDF, FTC, EFV,	TDF, FTC, EFV,	Probably not
		ABC, 3TC, DRV/r	ABC, 3TC, DRV/r	Probably not
Anemia, normochromic normocytic	Deferred	TDF, FTC, EFV	TDF, FTC	Probable

Table S5. Line Listing of All Reported Suspected Unexpected Serious Adverse Reactions (SUSAR)¹

¹ These reactions were defined as events that were assessed as related to one or more antiretroviral drug but not expected per the labelling of the drug in question. Relatedness was determined by both, the site investigator and INSIGHT medical officer. Per definition, these reactions were only reported from participants on ART. This table lists all reported SUSARs. Prior to January 12, 2012, events assessed as "probably not related" were considered "related" for SUSAR reporting, along with events assessed as "possibly related" or stronger. After that date, only events assessed as "possibly related" or stronger were reported.

² A total of 11 reactions developed during a total of 6607 person-years of follow-up on ART in the immediate group (rate: 0.2 per 100 person-years) and 5 reactions during 1960 person-years in the deferred group (rate: 0.3 per 100 person-years).

³ Abbreviations for drug names: Nucleos(t)ide reverse transcriptase inhibitors (ABC=abacavir; 3TC=lamivudine; TDF=tenofovir; FTC=emtricitabine); non-nucleoside reverse transcriptase inhibitors (EFV=efavirenz; ETV=etravirine; RPV=rilpivirine), protease inhibitors (ATV=atazanavir; /r=ritonavir boosted; DRV=darunavir).

⁴ The participant used EFV/TDF/FTC until 4 days prior to death, at which time the ART regimen was switched to ABC/3TC/DRV/r; ART was discontinued 2 days prior to death.

Supplementary Appendix References

- 1. Babiker AG, Emery S, Fätkenheuer G, et al. Considerations in the rationale, design and methods of the Strategic Timing of AntiRetroviral Treatment (START) study. Clinical trials 2013;10(1 Suppl):S5-S36
- 2. CASCADE (Concerted Action on SeroConversion to AIDS and Death in Europe) Collaboration. CASCADE: Participating cohorts, 2009. Available at: <u>http://www.cascade-collaboration.org</u>.
- 3. Anderson KM, Odell PM, Wilson PW, Kannel WB. An updated coronary risk profile. A statement for health professionals. Circulation. 1991;83(1):356-62.
- 4. Kowalska JD, Friis-Møller N, Kirk O, et al. The Coding Causes of Death in HIV (CoDe) Project: initial results and evaluation of methodology. Epidemiology 2011;22(4):516-23.